Personal Impact set of courses was created by collecting together courses dealing with human development, offering tools and material for reflective self-development. The courses offer a setting that is fruitful for reflecting own personal values, beliefs and goals either in an inner dialogue or in a discussion with others.

Personal Impact courses are mostly elective and many of them offer an opportunity to meet students across the university – creating a space where art, business and technology can meet. Some of the courses are open also for staff and faculty, under the name of Personal Impact for University Educators.

Read more: https://www.aalto.fi/en/study-at-aalto/personal-impact