

ErasmusDays 2020 at Aalto 15.-16.10. - Celebration of Erasmus+ international mobility!

Aalto University, together with ESN Aalto, will participate organizing European-wide ErasmusDays for the first time! The event is full of interesting workshops, info sessions on internationalization opportunities offered by the Erasmus+ programme, and students and staff members' experiences to tell about the benefits of studying abroad - all organised online, easily available to all. Join the fun and get bitten by the Erasmus+ spirit!

If you are already on Erasmus exchange – abroad or at Aalto - send greetings in Instagram to Aalto students and staff by using #erasmusdays

Preview to ErasmusDays programme:

- *Workshops about Conflict management and Mental health and emotional well-being* – both topics are suitable for all Aalto students as well as give you important tools for your exchange. The more international workshop groups, the better, so don't shy to join!
- *Date with the Aalto* exchange students in Europe! Take a cup of coffee and place yourself comfortably, it's time to hear the first hand news from Aalto students around Europe. Come and ask how the first weeks have been, how was the application process and what is the best new routine found. This is a from student-to-student event, so feel free and relax!
- *Exchange infos* to get you into all the essentials about exchanges
- Spot us also in Aalto's Instagram!

Staff and teachers can go Erasmus too!

- Staff members who have participated in Erasmus exchanges share their experiences
- Deepen your international cooperation by strategic partnerships – experiences from the participants

Still not convinced? Check all the material and results about the benefits of studying abroad from the [ErasmusDays 2020 website](#)

Get inspired, get prepared! Exchange application periods are ahead in January 2021!

