

International student - How to connect in a new country?

- Want to meet new people but don't quite know how?
- Arrived in Finland just to sit home alone?

We want to hear you and connect you with others! Join the Connection Group and come share your feelings about being in a new country but maybe not having the fun time you were dreaming about.

Connection Group is for international students in Aalto. We will meet 4 times, starting on **Thu Sept 23rd at 14**. Other meetings are: **30.9., 7.10. and 14.10. at 14-15.30**. Meetings will be first online and later (hopefully) live on Otaniemi campus.

Sign up by sending an email to Anna (latest on Sept 17th): anna.i.poutiainen@aalto.fi

In your mail tell your name and if you have specific wishes for the group or themes to discuss. We will take 15 students. **Please, commit yourself to join all four times when signing up.**

Leading the group are Aalto study psychologist Henna Niiva, Aalto chaplain Anna Poutiainen and Psychotherapist Paula Ruotsalainen from Family Councelling Center.