**Internship**

Work experience gained during your studies is important and will improve your chances of finding employment after graduation. Summer jobs, volunteer work, and internships are all valuable work experience.

The purpose of an internship is to learn the practical application of skills gained during your studies and to help process theoretical knowledge. In addition, networking, contacts, and relevant work experience in your field of study are important when the time comes to seek permanent employment after graduation.

Aalto University wants to support students' internationalization and work experience, so internship grants are available for students who meet the criteria. You can apply for a grant for an internship abroad or in Finland. Make sure to first negotiate about the possibility to include internship in your degree with the responsible persons in your own degree programme at Aalto University.

Learn more about internships and internship grants from the left.

**Why should you apply for an internship?**

"Any job experience abroad is definitely worth it. You get more confidence, learn to adapt to a global working culture and improve your business communication skills. Altogether, I would strongly recommend to all Aalto students a traineeship abroad!"

-BIZ intern, received grants for her internship period abroad

"In my mind training/studying abroad gives you valuable experiences that you cannot buy with money and in the future in job hunting it can be a huge benefit making you stand out of the masses. You meet new people from different cultures, broaden your view of the world and probably have the best time of your life!"

-ENG intern, received a grant for his internship period abroad

**How to Find Internship Opportunities**

Internship ads for Aalto University students can be found from JobTeaser portal. Thousands of internship and job opportunities are published annually, so check the portal regularly. International internships can also be found on the Going Global portal.

Aalto University students have an opportunity to go abroad through different internship programs. Below, you can find additional information about selected programmes and other internship possibilities. The advantage of an internship program is pre-defined placement within the program. In addition, further benefits such as arranged accommodation and leisure programs are typically available. Please note that internship programs usually have application deadlines, so be careful not to miss the application period!

- Startuplifers
- AIESEC
- Helsinki Institute of Physics (HIP) – Internship opportunities at CERN
- Vulcanus internships in Japan
- CEMS internship

**Startuplifers**

Startuplifers is a student-driven nonprofit and community that sends talented students from the Nordics to intern at startups in the biggest and most dynamic startup hubs and ecosystems in the world – San Francisco (and Silicon Valley), Singapore, Tokyo, and Shanghai. All internships are paid and between 3–18 months long. All of the internships are paid and offer a unique opportunity to accelerate your growth and potential both personally and professionally. We offer jobs in the fields of technology, design, marketing, and sales. Over the past 8 years in our history, already over 250 students have gained a radical uplift for their careers with our help.

**How does it work?**

By submitting an application, you apply to our talent pool. We elect applicants who we think we can find a job at our partner companies. To the selected ones we give feedback on the application and introduce to the startup companies who then proceed with the interviews.

After good preparation and succeeding in the interviews, we help you with the visas and flights. Aalto University supports you by covering the flight and visa expenses. The introductions are done on a rolling basis and potential starting times vary between 1–6 months after getting hired.

We recommend you to leave your application at least 4 months before the date you wish to take off! Once you get selected to the talent pool, we will keep your information for a year. Even though your life situation might vary, we encourage you to remain as an active candidate as the starting times are well negotiable with the firms.

**Who can apply?**

All current Aalto University students are eligible to apply. Applicants with more than a year from their graduation cannot be accepted to the batch.

Read more: startuplifers.org. Follow us on Facebook, Twitter and Instagram: @startuplifershq
Company trainee programmes

Companies offer trainee programs for students and newly graduated alumni. Companies often list their own trainee programs on Aalto JobTeaser's job portal and sometimes visit Aalto campuses. It is a good idea to be proactive and browse company websites in Finland and abroad.

AIESEC

AIESEC is an international not-for-profit organization that provides the youth with leadership development through cross-cultural internships and volunteer exchanges across the globe.

Learn more about AIESEC.

Helsinki Institute of Physics (HIP) – Internship opportunities at CERN

Aalto University degree students in technology and science have the opportunity to apply for summer traineeship placements offered by Helsinki Institute of Physics. The traineeship takes place during the summer and usually lasts for 3 months.

Every year around 10 Aalto University technical students undertake traineeship at CERN. International degree students can also apply, but exchange students are unfortunately not eligible.

Please visit ert.cern.ch and read more about the student programmes CERN offers.

Vulcanus internships in Japan

Vulcanus in Japan was launched in 1997 and the programme consists of industrial placements for EU/COSME students. The programme starts in September and ends in August of the following year in order to accommodate the academic year in EU Member States.

The students follow:

- a one-week seminar on Japan,
- a four-month intensive Japanese language course,
- and then an eight-month traineeship in a Japanese company.

Are you eligible?

You must be:

- a citizen of an EU Member-State or a COSME partnering country (see list online)
- a student of engineering or science at an EU / COSME university, enrolled in at least the fourth year of studies when applying to the Vulcanus programme. Students attending their last Doctorate or PhD year of studies are not entitled to apply.
- able to provide a certificate of enrollment at the university valid until at least 3 months prior to the starting of the programme

For more information on eligibility and instructions for how to apply, please visit: http://www.eu-japan.eu/vulcanus-japan-0

CEMS internship

CEMS offers internationally oriented top students the opportunity to take the CEMS MIM program in addition to their MSc degree program at Aalto. At graduation, CEMS students receive both an MSc degree certificate and a CEMS MIM certificate. The internship included in the CEMS-degree is carried out abroad.

Learn more about the CEMS program. CEMS internship contact person: Liisa Kotilainen, CEMS Programme Manager, +358 40 353 8166, cems@aalto.fi